



The Spiral To NOW: It's A Journey Of Awakening

Patricia (SoLaMeé) Heneage

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The Spiral to NOW: It's a Journey of Awakening, Patricia (SoLaMeé) Heneage

Second Edition, Body, Mind & Spirit / Healing / Energy

In this rare book Patricia (SoLaMeé) Heneage shares her life story with powerful insights into human consciousness interwoven throughout a lifetime of training, discovery, and practice. This includes experiences in meditation, indigenous traditions, advanced healing arts and sciences, even the discovery and use of ancient Essene manuscripts filled with lost wisdom.

Embark on a journey of healing and spiritual transformation with author SoLaMeé as she reveals the unique spiritual insights she has learned during her powerful and enduring path to awakening.

Learn to navigate and unlock lifetimes of tangled karmic patterns through time travel and teachings she received directly from her hidden master's influence during her early years and on to the present day.

SoLaMeé's life has also included tragedy, but it will open many hearts to the importance of trusting that there is a way forward even with great personal loss. Her life story may surprise many and inspire even more to believe that anything is possible here on earth.

SoLaMeé shares how she reached the doorway to NOW went beyond the veil and entered a Greater Reality that revealed shocking truths about the world and universe in which we live. Now more than ever, people are searching for answers to the heart's longing for what is more real, universal, and even ultimately timeless. This book could give real answers.

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