

Vida Sin Condiciones / Unconditional Life (Biblioteca de la Perfecta Salud) (Spanish Edition)

Deepak Chopra

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Chopra assumes a great challenge once again: the healing of emotions and the spirit as a way to obtain complete freedom. The author begins by examining some of the most urgent questions that doctors face: Why some patients do "all the correct things" but do not get better? Why terminally ill patients often seem at peace, almost happy, as if facing death has taught them how to live? Do human beings only learn through suffering or is there another way to find life's meaning? Unconditional Life sheds a powerful light on these questions and shows us many revealing real-life cases.

Description in Spanish: El célebre doctor Deepak Chopra asume una vez más un gran desafío: la curación de las emociones y el espíritu como un medio para lograr la libertad total. El autor comienza por examinar algunos de los interrogantes más urgentes con los que se enfrentan los médicos: ¿Por qué algunos pacientes hacen "todo lo correcto" y no mejoran? ¿Por qué enfermos terminales a menudo parecen aliviados, casi felices, como si morir les enseñara por primera vez cómo vivir? El ser humano, ¿aprende sólamente a través del sufrimiento o hay otra forma de encontrar sentido y plenitud en la vida? Abordando disciplinas que van desde la moderna neurociencia hasta la milenaria sabiduría de la India, Vida sin condiciones arroja una poderosa luz sobre estas preguntas y nos da a conocer numerosos y reveladores casos reales.



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