



Heartfulness

Robert Sardello

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Heartfulness reveals the mysteries of heart-awareness in short, contemplative passages, followed by what the author calls 'prayer/practices'. These practices bring about the capacity to open heart awareness as our spiritual organ of deep presence - to ourselves, others, the world, and Earth. A prophetic book that reveals the missing 'middle' between mind and will that will open the essential ways of perceiving the way of knowing through communion. One of the most beautifully designed books you will ever hold in your hands!

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