



A Miscellany of Garlic: From Paying Off Pyramids and Scaring Away Tigers to Inspiring Courage and Curing Hiccups, the Unusual Power Behind the World's Most Humble Vegetable

Trina Clickner

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From ancient Greek lore to vampire movies and modern medicine, what other herb invokes such strong feelings in people as *allium sativum*—better known as garlic? Most people know garlic can season food and may even protect from evil spirits but they may not know it can cure colds, attract lovers, and sweeten luck—until now. *A Miscellany of Garlic* reveals all of the splendors of this amazing plant, including:

- to keep them safe and strong, Egyptian slaves chewed on garlic while building the pyramids
- eating garlic can help repair lung damage caused by smoking
- Tibetan monks were banned from eating garlic—due to its reputation as an aphrodisiac
- large quantities of raw garlic can prevent roundworm and other parasites
- and a mixture of crushed garlic and water can rid roses of aphids

Packed with hundreds of aromatic facts, trivia, and quick-to-table recipes, *A Miscellany of Garlic* is an homage to the savory herb no garlic lover can resist.

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