



55 Fun & Fabulous DIY Beauty Recipes: Natural Homemade Skin, Hair, & Nail Care Recipes Using Aromatherapy Essential Oils (Holistic Tips, Recipes & Remedies Series Book 2)

Amy Waldow

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Are You Looking For a Safe, Natural, Earth-Friendly Alternative to Chemical-Laden Skin, Hair, and Nail Care Products?!?

Making your own natural skin, hair, and nail care products is not only fun, but is creative and cost-effective. You will find everything you need in this comprehensive resource guide to create 55 natural, organic recipes for skin, hair and nail treatments that not only smell divine, but are excellent for your health and well-being.

In This Book You Will Find:

- 55 Easy-To-Make Customizable Recipes with Step-By-Step Instructions for Making Natural Cleansers, Toners, Serums, Masks, Scrubs, Body Butters, Moisturizers, Lotions, Body Wraps, Bath Salts, Body Oils, and More!
- Popular Essential Oils and Their Skin, Hair, and Nail Care Benefits
- Popular Varieties of Carrier Oils and Their Skin, Hair, and Nail Care Benefits
- Best Essential & Carrier Oils to Use for Specific Skin Types
- Best Essential Oils to Use for Specific Skin Conditions & Concerns
- Aromatherapy Essential Oils Tips & Safety Precautions
- The Many Health and Healing Benefits of the Natural Ingredients Used in the Recipes

So, if you're looking for a holistic alternative to skin, hair, and nail care products which help to promote overall health and well-being, pick up a copy of 55 Fun & Fabulous DIY Beauty Recipes today!

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