



A Nouthetic Approach to Healing Posttraumatic Stress Disorder: A Biblical Approach to Overcoming PTSD

Angie Fried

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Millions of people worldwide are affected every day by traumatic events that linger with them for the rest of their lives. Many never recover and suffer from what is called Posttraumatic Stress Disorder. Their lives are changed forever and they are debilitated by the experience. Until now nothing has been found to help permanently alleviate the impact of these terrible events. Until now. Learn how to overcome PTSD and regain your emotional stability, mental peace and joy and improve your physical health. By releasing the toxic emotions associated with your traumas you can free yourself from the damaging impact that they have on you every day. Rediscover your freedom and yourself, or perhaps find them for the very first time. Healing PTSD IS possible now!

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