

Mabon: Rituals, Recipes & Lore for the Autumn Equinox (Llewellyn's Sabbat Essentials)

Llewellyn, Diana Rajchel

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A thanksgiving celebration for the second harvest

Mabon—also known as the Autumn Equinox—is a time to honor the spiritual significance of harvest, sacrifice, and survival. This guide shows you how to perform rituals and work magic that incorporates the shifting balance between light and dark that reaches its pinnacle during the equinox.

- Rituals
- Recipes
- Lore
- Spells
- Divination
- Crafts
- Correspondences
- Invocations
- Prayers
- Meditations

Llewellyn's Sabbat Essentials explore the old and new ways of celebrating the seasonal rites that are the cornerstones of the witch's year.



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