

# **Clinical Pain Management: An Essential Handbook for Long-Term Care Nurses**

Barbara Acello MS RN, HCPro



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#### Identify, assess, and treat resident pain in your nursing home

#### The guidance you need to manage resident pain at your facility

This comprehensive resource helps clinicians to identify, assess, and treat resident pain using procedures that comply with CMS regulations. Written from a clinical perspective, this book and CD-ROM answers any question a nurse or administrator may have about incorporating effective pain management into resident care plans.

#### At 250 pages, this resource gives you:

- Clinical procedures to recognize and assess pain including how to develop an effective care plan
- A jam-packed CD-ROM that features more than 10 different pain scales and over 50 additional resources on pain
- Descriptions of different pain treatments, side effects, and protocols
- Insight into what CMS surveyors look for under F309 and tips to ensure compliance on survey day

## Order today and receive more than 10 different pain scales and over 50 additional resources on pain on the CD-ROM!

#### Here are some of the tools included on the CD-ROM:

- Behavioral Pain Assessment
- Example Bowel Regimen to Prevent Opioid Constipation
- Nursing Comfort Measures and Other Potential Care Plan Interventions
- Fixed Combination Analgesic Examples
- Medication Agreement
- Pain Flow Sheet
- Pain Management Licensed Nurse Competency Guidelines
- Pain Management in Long Term Care Sample Policy
- Pain Assessment and Management Audit
- Chart Review Tool for Monitoring Quality Indicators Effective

#### Take a look at the Table of Contents:

Chapter 1: Introduction to Pain Management in the Long-Term Care Facility

Chapter 2: Pain Assessment

Chapter 3: The Plan of Care

Chapter 4: Pain Treatment Protocols and Guidelines

Chapter 5: Pain Management and Oral Drugs

Chapter 6: Pain Management and Other Methods of Administration

Chapter 7: Side Effects and Complications of Analgesia

Chapter 8: Special Situations and Populations

Chapter 9: Quality of Care and Regulatory Compliance

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