



Planning with Kids: A Guide to Organising the Chaos to Make More Time for Parenting

Nicole Avery

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The ultimate guide for parents who dream of having a little less chaos and a lot more time for the good things in life

Written by mother of five, Nicole Avery, this book shows harried parents how, with just a bit of planning, family life can become easier to manage, less stressful, and decidedly more fun. "Dream on," you say? "I might as well try to herd cats as to get my kids to follow a lot of arbitrary rules!" And Nicole would agree, which is why *Planning with Kids* isn't like any other parenting guide out there. It was inspired by Nicole's blog of the same name, which, over the past three years, has garnered a huge audience of likeminded parents who have achieved nothing short of miraculous results following her advice. While other *prescriptive* guides offer mums and dads cook-cutter solutions to the challenges of raising kids, this handbook focuses on one simple, straightforward idea: by implementing a few simple strategies for how *you* do things, you'll make more time for you to be you and your kids to be kids. You'll find strategies for streamlining and enhancing everything from the routines of daily life, to family relationships, to budgeting and finances, playtime and much more!

- Contains a full section on menus and cooking, including recipes, supported online by a planning-with-family meal planner
- Divided into sections so that readers can dip-in and dip-out for information as they need it as their family expands and grows up!

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