



# Fatherless Sons: Healing the Legacy of Loss

*Jonathan Diamond Ph.D.*

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## **Fatherless Sons: Healing the Legacy of Loss** Jonathan Diamond Ph.D.

If the father-son relationship was conflicted and painful, often the mourning is more so. Even before fathers die, sons can grow up grieving for the relationship that might have been. Drawing from his own personal story and from the experiences of his clients, the author guides the reader through a healing process that includes acknowledging shortcomings and past wrongs and offering forgiveness. Complete with dramatic, real-life stories, the book is a moving, illuminating, and ultimately redemptive guide for any man struggling to overcome the loss of his father. Written with the insight, honesty, and compassion of one who has mourned and said goodbye, the book gently leads others on the journey. Jonathan Diamond, PhD (Shelburne Falls, MA), is a psychotherapist who frequently works with adult men dealing with father loss. His own challenging relationship with his father inspired this book and many of its most poignant and powerful reflections.

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