



# **Taken In Hand: A Guide to Domestic Discipline, Power Exchange Relationships and Related BDSM Topics**

*Jolynn Raymond*

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**\*\*Taken in Hand has been nominated for best non-fiction BDSM book of the year. The Golden Flogger Awards will take place in NYC on Thursday, August 20th starting at 6pm. See my events posted on my Amazon Author Page for more details.\*\***

Jolynn Raymond has written a book that shares the details of her own long-lasting domestic discipline marriage and her experience surrounding power exchange relationships. It explains why these unconventional relationships work so well for so many couples. The book is an in-depth tutorial that takes the relationship past the simple act of discipline, to building a rock solid foundation that will ultimately create a deep bond of trust and love between those involved. Taken In Hand will guide those interested in adding consensual domestic discipline, dominance and submission, and structure to their own relationship through the initial steps of communication, understanding and discovering both partner's needs, creating mutual and realistic expectations, rules, and consequences, to the inevitable first spanking.

Taken In Hand will prove useful to those just starting out, as well as to those with some experience, as Ms. Raymond outlines the pitfalls, difficulties, and successes she has encountered in her own marriage. She also emphasizes the importance of consent, and pays special attention to the fine line between discipline and abuse. The last part of the book examines the styles and types of spanking, gives an anal sex tutorial, talks about the responsibilities of being a dominant and gives tips for the submissive partner. Whether you need insight into BDSM as it relates to relationships or are trying to build a domestic discipline marriage from scratch, Taken In Hand will prove to be a comprehensive and practical guide.

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