



Foundations of Play Therapy

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The landmark guide to play therapy—completely updated and revised

Edited by Charles E. Schaefer—the "father of play therapy"—*Foundations of Play Therapy, Second Edition* is a complete, state-of-the-art guide to the many diverse approaches to, and methods used in, play therapy practice with children and adolescents.

Featuring an expert panel of contributors, this comprehensive reference provides up-to-date and insightful coverage of all of the major theoretical models of play therapy and offers practical examples for the application of each model, including:

- Narrative play therapy
- Solution-focused play therapy
- Experiential play therapy
- Release play therapy
- Integrative play therapy
- Psychoanalytic approaches to play therapy
- Child-centered play therapy
- Gestalt play therapy
- Family play therapy
- Cognitive behavioral play therapy
- Prescriptive play therapy

Written for therapists looking for guidance on how to incorporate play therapy into their practice, as well as students or those in need of a refresher on the latest methods and techniques, *Foundations of Play Therapy, Second Edition* is a standard-setting resource presenting pragmatic and useful information for therapists at all levels of training.

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