



# **Hungry: A Young Model's Story of Appetite, Ambition, and the Ultimate Embrace of Curves**

*Crystal Renn*

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# Hungry: A Young Model's Story of Appetite, Ambition, and the Ultimate Embrace of Curves

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**Hungry: A Young Model's Story of Appetite, Ambition, and the Ultimate Embrace of Curves** Crystal Renn

Now available in paperback, *Hungry* is an uplifting memoir with a universal message about body image, beauty, and self-confidence, and an inspiring, cautionary tale for women of all ages.

At fourteen, I was a regular junior high school student in Clinton, Mississippi, when a modeling scout told me: You could be a supermodel...but you'll have to lose a little weight.

For glamour, fame, and escape, I lost seventy pounds.

This is a photo of me at sixteen, when I signed a big modeling contract, moved to New York City, and started traveling around the world.

It is also when I developed a ferocious case of anorexia and exercise bulimia.

Until I decided enough was enough—I wanted to live.

And so I ate. And ate.

Offering a behind-the-scenes peek into the modeling industry, as well as a trenchant look at our weight-obsessed culture, *Hungry* is an inspiring and cautionary tale that will resonate with anyone who has battled society's small-minded definitions of beauty.

This is me now, the leading plus-size model in America.

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