



Love, Intimacy, and the African American Couple (Family Therapy and Counseling)

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This exciting new text on counseling African American couples outlines critical components to providing culturally-sensitive treatment. Built around a framework that examines African American couples' issues as well as the specific contextual factors that can negatively impact their relationships, it:

- Addresses threats to love and intimacy for Black couples
- Provides culturally relevant, strengths-based approaches and assessment practices
- Includes interesting case studies at the conclusion of each chapter that illustrate important concepts.

The chapters span the current state of couple relationships; readers will find information for working with lesbians and gays in relationships, pastoral counseling, and intercultural Black couples. There is also a chapter for non-Black therapists who work with Black clients. Dispersed throughout the book are interviews with prominent African American couples' experts: Dr. Chalandra Bryant, relationship expert Audrey B. Chapman, Dr. Daryl Rowe and Dr. Sandra Lyons-Rowe, and Dr. Thomas Parham. They provide personal insight on issues such as the strengths African Americans bring to relationships, their skills and struggles, and gender and class considerations. This must-read book will significantly help you and your clients.

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