



Identity and the New Psychoanalytic Explorations of Self-organization (Psychological Issues)

Mardi Horowitz

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Advances in science and the humanities have demonstrated the complexity of psychological, social and neurological factors influencing identity. A contemporary discourse is needed to anchor the concepts required in speaking about identity in present day understanding. In *Identity and the New Psychoanalytic Explorations of Self-organization*, Mardi Horowitz offers new ways of speaking about parts of self, explaining what causes a range of experiences from solidity in grounding the self to disturbances in a sense of identity.

The book covers many aspects of both the formation and the deconstruction of identity. Horowitz examines themes including:

- The sense of identity
- Social learning
- Biological learning
- Identity and self-esteem
- Levels of personality functioning and growth

The book clarifies basic questions, defines useful terms, examines typical identity disturbances and presents a biopsychosocial theory which indicates how schemas operate in conscious and unconscious mental processing. The answers to the basic questions lead to improvements in psychotherapy practices as well as teaching and research methods.

Identity and the New Psychoanalytic Explorations of Self-organization will prove fascinating reading for those working in the fields of psychoanalysis, psychology, psychiatry, neuroscience and the social disciplines.

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