



# The Winner Within: A Life Plan for Team Players

*Pat Riley*

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## **The Winner Within: A Life Plan for Team Players** Pat Riley

Not only is Pat Riley one of pro basketball's winningest coaches, but his speeches before hundreds of corporations, from ARCO to AT&T to Toyota, have earned him the title of "America's Greatest Motivational Speaker." The Winner Within is his formula for success. It is a book about winning, leadership, mastery, change, and personal growth, based on understanding and controlling the shifting dynamics of a team - any team, whether it is a small company or a giant corporation, a family, a city, or a group of athletes. How does a struggling team form a covenant to work together instead of separately? How does a successful team battle complacency? How does any team overcome the thunderbolts that strike out of the blue? Drawing upon the great teachers and his own experiences in and out of sports, interweaving them with dozens of parallels and stories from business and society, Riley shows how to ride the cycles of team change, balance role players and stars, build solid foundations, break through self-imposed barriers, create change within continuity, and nurture cooperation within competition. "All of my contacts and experiences have proved to me, over and over again, that the complex inner rhythms of teamwork - flows of ambition, power, cooperation, and emotion - are the keys to making dreams come true, " says Riley, and in The Winner Within, he provides the tools, insights, and plan of action to help master those rhythms. It is a book of universal power and scope - a new classic of the literature.

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