



The Mystery of IBS and My Path to Freedom

Larissa Sawicki

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This is the second edition of "The Mystery of IBS and My Path to Freedom." After receiving valuable insightful and constructive critiques to the first edition, the author decided to include to the second edition valuable and even life-saving advices. Her knowledge will serve a reader as an eye-opener. Current books about IBS basically duplicate the same information in the narrow spectrum of already known theories and ideas that still do not fully resolve the IBS issue. The book includes discussions of results from the newest studies in medical science, orthomolecular science, microbiology, cognitive psychology, behavioral psychology, cognitive neuroscience, neurocardiology, psychoneuroendocrinology, neuropsychology, psychoanalysis and quantum physics. This book contains information about a multitude of remarkable scientific discoveries concerning wellness in general and an integrated understanding of the human mind and body.



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